MINUTES OF
HEALTH AND WELLBEING BOARD

Tuesday, 13 March 2018
(6:00 - 8:20 pm)

Present: Cllr Maureen Worby (Chair), Cllr Sade Bright, Cllr Laila M. Butt, Cllr Evelyn Carpenter, Cllr Bill Turner, Anne Bristow, Bob Champion, Matthew Cole and Dr Jagan John

Also Present: Cllr Peter Chand, Cllr Eileen Keller and Cllr Jane Jones

58. Apologies for Absence

Apologies for absence were submitted by Dr Mohi, Deputy Chair.

59. Declaration of Members' Interests

There were no declarations of interest.

60. Minutes (16 January 2018)

The minutes of the meeting held on 16 January 2018 were confirmed as correct.

61. The Cancer Prevention, Awareness and Early Detection Scrutiny Review - Progress Report

Following an in-depth scrutiny review by the Health and Adult Services Select Committee into cancer prevention, awareness and early detection, Matthew Cole, Director of Public Health provided the Board with a six-month progress update against the various recommendations set down in an action plan set out in an appendix to the report.

It was noted that local access to mobile breast screening facilities had led to an increase in uptake, and that it was hoped to repeat the programme in due course. In respect to screening generally the Chair did feel that with medical advancements there were better ways to conduct and encourage the uptake of bowel cancer screening other than by the traditional method. On that point it was reported that from April next year only a single sample on one day will be necessary rather than the existing practice of providing three samples on three different days.

Screening programmes and the results of a GP review survey suggests an increasing number of earlier referrals to hospital, with diagnosis directly at A&E standing at around 14%, being the lowest in London. Despite the good work and engagement being achieved by local GP’s, there remains an issue about improving awareness and educating the local population about the signs to look out for. To that end the Chair supported by the Board favoured the Council’s Media and Communication team coming up with innovative public campaign strategies in ways that are “real and actively engage with our communities, through for example schools and organising ‘hackathons’.
It was acknowledged by the Board that progress against some of the other objectives in the action plan were being affected by delays in the release of transformation monies due to UCLH partners not hitting targets. This means borough residents are being unfairly penalised. Consequently, it was agreed that a letter expressing the Board’s concerns, to be signed by the Chair, should be sent to NHS London and copied to both local MP’s.

The Board therefore agreed to:

(i) Endorse the updated action plan, and

(ii) Review implementation of the various recommendations making up the action plan in a further six months’ time.

62. Pharmaceutical Needs Assessment for Barking and Dagenham 2018

This Board has a statutory responsibility to produce a Pharmaceutical Needs Assessment (PNA) of pharmaceutical services within the Borough every three years, with the next due by 1 April 2018. The draft Assessment suggests that there are no gaps in pharmaceutical provision or access to services provided by community pharmacies in Barking and Dagenham either now or in the next three years. That said the Director of Public Health suggested that the Board should perhaps consider whether the scope and opportunities for expansion in the community pharmacies role in providing health care has been fully exploited within the Barking, Havering & Redbridge Integrated Care System.

It was acknowledged by the Board that given the future development of Barking Riverside it would be non-sensical not to make the case for more pharmacies in the PNA given the anticipated expansion in population growth. As things stand at this stage provision is being made based on the size of a shop unit which could then be kitted out as necessary including being adapted for other retail purposes should that prove the case.

Councillor Carpenter made the point that pharmacies are more than shops and play a vital role in the community. Dr John supported that view pointing out that a good community pharmacy is more than simply handing out prescriptions and can support the work of GP’s through promoting for example healthy lifestyles.

A lot of pharmacies simply do not meet the needs of their communities and therefore Barking Riverside provides a real opportunity to approach things differently such as establishing a pharmacy in a health club or a café. There is already a big drive from Public Health for England to see pharmacies providing a broader range of clinical services and facilities whilst maintaining its core functions. The key to this is to work in partnership rather than against GP’s.

The Director of Public Health explained in terms of the number and provision of pharmacies it’s about accessibility and therefore for the purposes of the Assessment the measure used is the “walking distance” to a pharmacy. The one’s that have been lost in B&D did not have sufficient footfall and to that extent the independents have been squeezed by the bigger supermarket pharmacies. The problem is however that in many cases the supermarkets are not always regarded as accessible as the traditional High Street.
Councillor Turner is of the opinion that more work needs to be done to the draft Assessment as it lacks detail around things such as public transport accessibility and capacity. The Director of Public Health whilst recognising these comments reiterated that they did not necessarily apply for the purposes of the Assessment although he would be happy to take them up separately with NHS England.

The Board:

(i) Approved the Pharmaceutical Needs Assessment (PNA) for Barking and Dagenham 2018;

(ii) Whilst acknowledging the PNA conclusions that overall there are sufficient number of pharmacies in the Borough, agreed there would be merit in a report being presented to the Integrated Care Partnership Board to explore the corresponding roles and relationships between GP’s and pharmacies, and

(iii) Noted that a further PNA will be required in 2020.

63. Oral Health in Early Years: Scrutiny Review 2017/18 - Final Report

This report was introduced by Councillor Chand in his capacity as the Lead Member of the Health and Adult Services Select Committee. He thanked the Committee for their work in scrutiny review into the state of oral health in young children. He highlighted one of the findings of the review which showed that in general parents in Barking and Dagenham are not aware of their entitlements/support available regarding local dental services. He was particularly proud of the Teeth for Life project commissioned by Public Health which will is running for a year to help teach pre-school children the importance of tooth brushing how to brush properly.

The Director of Public Health went through the key aspects of the Review report. One of the key findings arising from the review is the level of dental issues being dealt with at A&E, a matter that probably needs referral to the A&E Board. Dr John added that the same problems are increasingly ending up at GP practices with requests for prescribing anti-biotics, a situation which could leave children being anti-biotic resistant by adulthood.

There is clearly a need to education parents. A video on One Borough Live involving early years children and brushing was run which is being well received. The Chair suggested that maybe one a year we seek to engage with local dentists to run a children week with lots of balloons, bunting and freebies to make it a good experience for children.

The Chair in commending the report and its recommendations and thanked the Select Committee for its work.

The Board agreed to:

(i) Note the Health and Adult Services Select Committee’s Oral Health in Early Years Scrutiny Review findings and report, as set out in Appendix B to the report;
(ii) Approve the action plan as set out at Appendix A to the report; and

(iii) Receive six-monthly progress reports on the delivery of the action plan.

64. **Children and Young People’s Mental Health Transformation Plan - Refresh 2017**

Ronan Fox, Joint Children’s Commissioner introduced a report updating as required annually the Barking and Dagenham Children and Young People’s Mental Health Transformation Plan first produced in 2015.

He emphasised the good partnership and joined up working that has taken place over the past 18 months and the considerable progress made in developing innovative approaches as well as building resilience through training in schools, a new mentoring programme, trying out new ways of providing emotional support online, the development of a Social Emotional Mental Health guidance as part of the local transformation programme, closer working with LBBD Education and Inclusion Team, a targeted parenting programme, online counselling development of the emotional wellbeing hub, crisis pilots including early intervention in psychosis and eating disorders, significant development in the health and justice offer for Barking and Dagenham together with additional staff resources in key areas including a Mental Health Social Worker and a Mental Health Advisor.

The Board recognised the positive actions taken to date in the context of the large number of children and young people accessing mental health services. Concerns were expressed about how it was envisaged that the Mental Health Advisor intends to engage with early years groups. In response it was noted that there is currently a Green Paper out to consultation regarding mental health services with a section on early years including a number of positive recommendations, from which it is expected actions will follow.

A number of issues were raised particularly around the challenges in accessing CAMH services. In response it was stated that in the last few months Head Teachers are saying that CAMH workers are becoming more visible in schools and that although it’s early days it does represent a step change. The Chair added that improved data sets are emerging that will back up the progress being made in this direction. That said what is needed is better communications to alert both the community and GP’s as to what support and resources are available.

The Strategic Director of Service Development and Integration referred to work being done to use public health funding to recruit to a post to support early parenting – a project targeting parents and babies to improve learning by the age of 5. The Board agreed to receive a future report.

The Board agreed to:

(i) Note the 2017 update of Barking and Dagenham’s Children and Young People’s Mental Health Transformation Plan, and

(ii) receive a report to a future meeting on progress on the educational psychology project around early parenting, which was referred to in discussion.
65. **Creation of the Joint Health and Wellbeing Strategy 2019-21**

The Health and Social Care Act 2012 requires Health and Wellbeing Boards to develop a Joint Health and Wellbeing Strategy, based on Joint Strategic Needs Assessments for the local population, with the purpose of improving the health and wellbeing of local communities and reducing health inequalities for all ages.

The latest Strategy (2015-2018), a high-level summary of which was set out in the report of the Director of Public Health follows the previous Strategy for 2012-2015. The priorities set out in the refresh strategy seeks to underpin commissioning plans and other agreements to undertake actions which together will aim to make the greatest impact across the health and social care system and wider Council responsibilities.

The Board agreed to:

(i) Endorse the refresh process for the Joint Health & Wellbeing Strategy (2019-2021) as detailed in the report and accompanying presentation including incorporating an ‘I’ Statements approach to establishing and achieving real outcomes for our local communities, rather than focusing on set strategic themes, and

(ii) Note that the draft Strategy shall be presented to the Board for endorsement on 5 September 2018 prior to the commencement of a public consultation exercise.

66. **Healthwatch Work Programme - 2017/18 Progress Report**

Elspeth Paisley, Acting Manager, Healthwatch presented a report on the areas of work scheduled and undertaken by Healthwatch Barking and Dagenham (HWBD) covering the period 1 August 2017 to 31 March 2018, along with the results of the Healthwatch Annual Survey.

The Board in noting the report agreed to receive a further report at the next meeting on the issues highlighted in the survey including the number of respondents who find it hard to gain access to a GP.

The Strategic Director will have separate discussions with Healthwatch about the concerns raised in the survey about the Council’s Education, Health and Care Plan (EHCP).


The Board noted the performance data for quarter 3 of the 2017/18 financial year. The Chair requested that for future performance reports actions be highlighted to demonstrate how improvements in key issues are being addressed.

68. **Integrated Care Partnership Board - Update**

The Board noted the current progress and the proposed next steps relating to the work being undertaken through the Barking and Dagenham, Havering and
Redbridge (BHR) Integrated Care Partnership Board (ICPB).

The Board requested that a summary briefing on the work of the ICPB to be circulated to Board members. Given the complexity of the work and having regard to the current review of governance arrangements it may also be necessary to make a short presentation to a future meeting.

69. **Sub-Group Reports**

   The Board noted the report of the Learning Disability Partnership Board Sub-Group on 16 January 2018.

70. **Chair’s Report**

   The Board noted the Chair’s Report for March 2018.

71. **Forward Plan**

   The Board noted the Forward Plan.

72. **Dates of Future Meetings**

   The next scheduled meeting is Tuesday 12 June 2018.