Appendix 1

One borough; one community; London’s growth opportunity

Enabling social responsibility

Growing the borough

For more information visit lbbd.gov.uk/visionandpriorities
Eye Health Survey

What did we do?
We asked council employees about their eye health

How did we ask council employees?
- We surveyed LBBD staff in April-May 2015
- We used an online questionnaire sent in CMT briefing, via Yammer and via email

Who responded?
- 88 people completed the questionnaire
Eye Health Survey - Limitations

Use the information as a guide

There are limitations to the data

- All people who answered are employed
- All people were employed by LBBD
Ages are 20 – 69 years

86 people answered this question
More females than males answered

86 people answered this question
The balance of people who answered were white

85 people answered this question

- White: 87.1%
- Afro-Caribbean: 7.1%
- Asian: 3.5%
- Mixed: 2.4%
When was your last sight test?

All 88 people answered this question
How often do you think you should have your eyes tested?

Correct answer:
Every 2 years

87 people answered this question
For most people, it is recommended that you should have your eyes tested every 2 years. We asked - If you have not had your eyes tested in the last 2 years, please tell us why.

- I am worried I may be pressured into buying glasses or lenses
- I have not got the time - it's an inconvenience
- I don’t think I need an eye test
- I did not know how often I should have my eyes tested

17 people answered this question
Are there other reasons why you have not been to an optician?

- My eyes don't hurt
- I don’t know where to go
- Not had time
- I can see OK
- Other

16 people answered this question
Do you have a close relative who has glaucoma?

- Yes (25.6%)
- No (9.3%)
- Don't know (65.1%)

86 people answered this question
Do you have diabetes?

86 people answered this question

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Do you know if you are entitled to a free NHS sight test?

Well; Tesco, Specsavers, Boots ... will do the same!

No - I don't know if I am entitled

Yes - I know I am not entitled

Yes - I know I am entitled

86 people answered this question

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Do you know if you are entitled to financial help towards the cost of spectacles or contact lenses (NHS optical voucher)?

No - I don't know if I am entitled or not

Yes - I know I am not entitled

Yes - I know I am entitled

86 people answered this question
Do you know if you are entitled to an eye examination paid for by your employer?

Here to help!

Yes - I know I am entitled
Yes - I know I am not entitled
No - I don't know if I am entitled

2.4%
22.4%
75.3%

85 people answered question
Are you registered as visually impaired?

- Yes (2)
- No (84)

86 people answered this question.
Do you receive any of these benefits?

Only 3 people reported receiving Tax Credits
No-one received any other benefits

86 people answered this question
Other comments

...it had been 7 years due to the cost involved

really can't afford to buy new glasses

spectacle lenses so expensive in this country

I have always claimed support through the Council scheme and I think it is very helpful towards costs.
What does this mean for residents in Barking and Dagenham?

- There was an awareness of the importance of eye health
  Most people who responded had had an eye test in the past 2 years

- Not all people knew how often their eyes should be tested
  Only half of the respondents knew to get their eyes tested every 2 years

- People felt a pressure to spend money
  People were sometimes not aware of free tests
  People were sometimes not aware if they or close relative had glaucoma / diabetes this means they were not accessing free tests
Questions – Discussion