NELFT: Barking and Dagenham Integrated Care Directorate

Fall Prevention: The scope of work within NELFT

HASCS 10 February 2016
Falls Prevention – scope of work in the community

- NELFT provides a range of adult community services under the umbrella term of CHSCS (Community Health & Social Care Services) – this includes:
  - District nurses and support staff
  - Intermediate Care Therapists (OT/Physio)
  - Social Workers
  - Integrated Community Matrons (ICM)
  - Long Term conditions teams (Diabetes/Cardiac and Respiratory Teams)

- NELFT also has community inpatient beds and falls assessment and management is integral within the work of those units
Falls Prevention: cont’d

- All community patients receive a broad risk assessment as part of the holistic assessment under CHSCS
  - Following broad assessment there is then a limited range of interventions for B&D patients:
  - Patients can be referred to an ICM (within CHSCS) for a more detailed assessment, hazard management, access to equipment through Social Care/adaptations and onward referrals as necessary
  - Attendance at a Doctor led clinic at Grays Court providing medical review for reasons for falls

- All inpatients are assessed on admission and prevention plans developed as part of the care package
  - Any falls within Inpatient units are reported, investigated and management support plans put in place to reduce reoccurrence
Emergency response to falls

- Partnership with NELFT and LAS
- The innovative K466 emergency response car scheme, launched in October 2014 is staffed by a community nurse and a paramedic working together to attend low acuity 999 falls calls.
- The K466 scheme operates from 7am to 7pm, seven days a week, and attends 999 calls from patients aged 60 years and over.
- Helps prevent A&E admissions and makes patients safe.

Falls development work

- Frailty Community of Practice in NELFT
- UCLP Frailty Academy
- Falls data and trend analysis
- Serious incident learning
- Quality Improvement initiatives
  - Sign up to Safety Campaign and Steering Group
- Training and Development for a range of staff
Gaps in provision for B&D patients

Gap for a commissioned Multi-disciplinary Team Falls clinic (as per Havering Model) that meets the NICE guidance for falls work

- Consultant Geriatrician Led Clinic
- Multidisciplinary review
- Expert holistic assessment
- Cardiovascular examination
- Syncope assessment
- Eye Examination
- Specialist falls therapy
- Medication reviews
- Anxiety support
- Access to other community resources
- Support and assessment for carers